

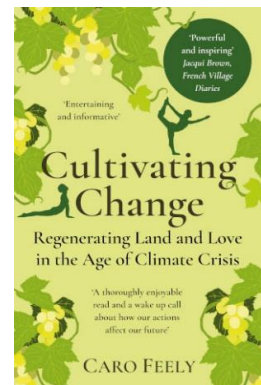
Cultivating Change

Regenerating Land and Love in the Age of Climate Crisis

by Caro Feely

What will it take to change? Can we resuscitate our relationship with the earth? And with each other?

‘There are two perfect shady spots where I stop to talk about biodiversity on our organic farm visits. The oak trees there seem to know me. When I touch their leaves, it feels different to how it feels with other oaks.’



But along with the joy and magic of working with nature come the risks – frost, hail, heatwaves. Cultivating Change follows the journey of Caro and Sean as they regenerate their vineyard in France and rewrite their love story in the face of climate change. The book explores family dynamics, work life balance, yoga, organic farming, food, and personal awakening.

Join Caro as she searches for answers to the climate crisis and to breathe new life into her marriage in this powerful memoir.

Early reviews:

‘Powerful and inspiring’ Jacqui Brown, Book blogger

‘A must read. Passionate, challenging, and informative’ Helen Melser, Author

‘A culinary trip with layers of secrets of nature, environmental activism, family dynamics, and resilience, all tied into a gorgeous package.’ Kelly Ryerson, Glyphosate Facts

‘Insightful and inspiring.’ Mike Veseth, The Wine Economist

Key themes

Primary themes: Climate change, Marriage, Wine, Vineyards, Organic farming, Regenerative farming, Biodiversity, Yoga, Personal awakening, Follow your Dreams.

Secondary themes: Raising teenagers as a working mother, Transitioning to the empty nest, Gastronomy, Voyages in France, Ireland, South Africa, Japan, and Italy.

Media opportunities: Extracts/serialisation. Photos available. Interviews welcome.

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E-book ISBN: 978-2-9586304-7-8

About the author: Caro Feely traded her tech career for a dream to become an organic farmer, writer, and teacher. She is published author of six books. Acclaimed 'winning', 'sincere' and 'passionate' by *The New York Times*.



To request review copies please contact caro@carofeely.com