

## Glass Half Full

The Ups and Downs of Vineyard Life in France

CARO FEELY

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*'Required reading for wine lovers everywhere and anyone dreaming of a vineyard dream'* Mike Veseth, editor of The Wine Economist

*Hand harvesting was a different process to machine harvesting. It was convivial and slow. We started at dawn and slowly proceeded across the vineyards. It was better for us and for the grapes, the human scale and pace of it more peaceful and joyful.*

But this rose-tinted glimpse of life is only part of the story – with it come long hours, uncertainty and their associated stress. For Seán and Caro Feely, the rollercoaster ride of managing a growing business is as challenging as making natural wine in harmony with the environment. Will the previous six years of hard work that created a flourishing organic vineyard in France prove worthwhile? Join Caro on her search for balance in life and wine. Does yoga hold the secret? And will she make it through this growth phase with marriage, farm and sanity intact?

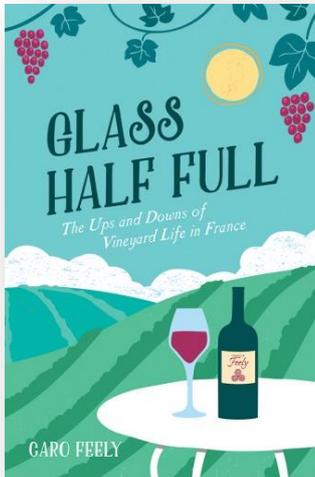
Caro Feely can usually be found juggling vineyard, wine school, accommodation and writing, deep in south-west France. She and her husband Seán produce wine and most of their own food with the help of their daughters Sophia and Ellie, on their certified organic farm. Caro is the author of *Saving our Skins* and *Grape Expectations* (both Summersdale). Find Caro on Twitter @CaroFeely, at Facebook at Caro Feely or visit her website [www.chateaufeely.com](http://www.chateaufeely.com).

Media angles: The gritty reality of running a vineyard in France; Juggling marriage, motherhood, menopause, entrepreneurship and wine; The joys of leaving the rat race and living your dream abroad; Why organic wine matters; Author, family and vineyard photos available; The author is available for interview.

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Praise for titles by Caro Feely:



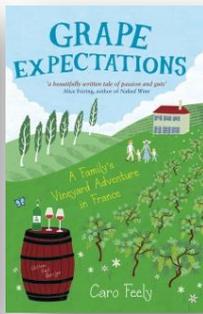
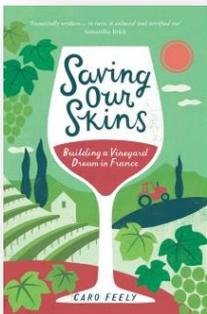
*Glass Half Full: The Ups and Downs of Vineyard Life in France* (2017)

'*Glass Half Full* is a love story poured beautifully onto the pages by Caro Feely. If you love wine or someone who loves wine, you will drink in every page of this book.' Robyn O'Brien, bestselling author, food lover

'Caro Feely is a force of nature! Her new book *Glass Half Full* tells the story of her family's struggle to live, love and make healthy, natural wine on their small vineyard in France. Caro draws the reader into her world with its all of its challenges, triumphs and heartaches. Required reading for winelovers everywhere.' Mike Veseth, author of *Wine Wars* and *The Wine Economist* blog

'A brave and compelling tale about a gnarly life in the vines and the choices we frail humans make in our emotional journeys.' Alice Feiring, author and journalist

'Honest and touching. Caro Feely gives us the real thing, not only living the dream of making great wine in France but the stress and work required while raising a family and holding a marriage together. And at the same time, she has produced a readable, persuasive and informative book on organic wine-making, and why we need to heal our soil and change the way we farm.' Martin Walker, bestselling author of *Bruno*, *Chief of Police* Series

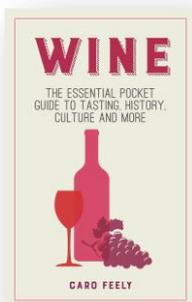


*Saving our Skins, Building a vineyard dream in France* (2014)

'Ernest and winning. Sincere and passionate.' Eric Asimov, New York Times Book Review

*Grape Expectations, A family's Vineyard Adventure* (2012)

Bright, passionate, inspiring, informative and absolutely delicious.' Breadcrumb Reads Blog



*Wine: The Essential Guide to Tasting, History, Culture and More* (2015)

'A gem of a book' John Platter, bestselling author of *Platters Wine Guides* and *Wine Critic*

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